

**Activity Title:** Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC: 0-5) Training Opportunities in New York State

**Activity Background/Description:**

The NYS Office of Mental Health will be spearheading the provision of regional trainings on the DC:0-5 for mental health professionals serving young children and families in NYS. The DC:0-5 is a developmentally-based system for diagnosing mental health and developmental disorders in infants and toddlers. It has a relational focus and recognizes how relationships and environmental factors contribute to mental health and developmental disorders. This resource is used by professionals across disciplines to prevent, diagnose, and treat mental health issues in children from birth to five, by identifying and describing disorders not addressed in other classification systems, which leads to effective intervention approaches. Currently, in NYS there are recommendations to use the DC:0-5 both in diagnostic assessment and treatment planning and for insurance purposes.

The intent is to strengthen the 0-5 workforce by providing this foundational training. According to a recent survey conducted by the NYS Association for Infant Mental Health, there is a great need to strengthen the knowledge, competencies and skills among the mental health workforce serving young children and families.

**Implementation Timeline:** Summer 2019 – Winter 2019

**Additional Details:**

Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: DC: 0-5

<https://www.zerotothree.org/resources/2221-dc-0-5-manual-and-training>

**Cross-sector Partners:**

NYS Council on Children and Families, NYS Office of Mental Health, NY Center for Child Development, NYS Association for Infant Mental Health.

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