

**Activity Title: Pyramid Model: Positive Solutions for Families Parent Workshops**

**Activity Background/Description:**

Two of the goals of the NYSB5 grant are to share best practices statewide and increase parent choice and knowledge. NYS is supporting Pyramid Model to engage families at the local level to promote healthy social and emotional child development and parent/child relationships. NYSB5 is funding 30 series of the *Positive Solutions for Families Parent Workshops* across the state. Each series is comprised of six two-hour sessions. The two-hour sessions are generally completed over a series of 6-10 weeks to fit the schedules of families.

The *Positive Solutions for Families Parent Workshops* have been developed to help parents to promote positive and effective parenting skills. Positive Solutions for Families promote children's social and emotional development and address the challenging behavior and mental health needs of children. The series of Parent Workshops are broken up into six sessions using the Parent Workbook for Positive Solutions for Families. In-between sessions, parents will do the "homework" and practice the skills at home. These sessions are offered to parents at Pyramid Model implementing programs. Sessions and materials are being offered in both English and Spanish. Parents, guardians, grandparents, and other caregivers are invited to attend.

**Implementation Timeline:** Positive Solutions for Families Parent Workshop series are being held in all regions of NYS from March – November 2019.

**Additional Details:**

To learn more about the Pyramid Model Implementation in NY, visit the NYS Early Childhood Advisory Council website at: <http://www.nyecac.org/ecac-initiatives/pyramid-model/>

For information about the Pyramid Model, visit the national Pyramid Model Consortium website at: <http://www.pyramidmodel.org/>

**Cross-sector Partners:**

NYS Council on Children and Families, NYS Pyramid Model Master Cadre, NYS Office of Children and Family Services, NYS Office of Mental Health, NYS Department of Health, NYS Education Department, NYS United Teachers, Early Childhood Advisory Council, Early Care and Learning Council, NY Association for the Education of Young Children, Prevent Child Abuse NY

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